

PARENTING FUNDAMENTALS
Parent Empowerment for Family Success

PARENTS - CHILDRENS FIRST TEACHER AND ROLE MODEL



Fridays, February 8 – March 29, 8:30 AM – 10:30 AM
Lincoln Elementary School, 410 157 St. Calumet City, IL.

Parents of children ages 4-8 will learn:

- Supporting school success
- Building strong relationships
- Positive discipline
- Substance abuse prevention
- Patience and respect
- Communication skills
- Self-esteem & self-care
- Child development

To register please call 773-884-2290
www.metrofamily.org